



**3RD ANNUAL
HADDONFIELD
ADRENALINE 5K &
TEAM CHALLENGE
AND
KID'S 1/4 MILE &
100M TRACK RACE
MARCH 15, 2008
5K 9 A.M.
KID'S RACE 9:45**



***Brooks Podium Technical Shirt
Guaranteed to all Pre-Registered
5K Runners*

Medals to ALL Kid's Race Participants

USATF

**GRAND PRIX CIRCUIT RACE
MIDATLANTIC 5K CHAMPIONSHIP**



**144 KINGS HIGHWAY EAST
HADDONFIELD, NJ 08033**

2008 Adrenaline 5K and Kid's Race

- 5K Individual.....\$22 5K Team\$22 Kids Race (12yrs & under)\$10
- Haddonfield Resident *Enter Team Name Below*
- Police/Fire/EMS
- Clydesdale/Athena
- (ALL TEAM FORMS MUST BE SUBMITTED TOGETHER)**

Team Name _____

Team Category (circle one): *Club Male* *Club Female* *High School Club Male* *High School Club Female*
Family Team *Corporate Team*

Full Name: _____
(Please Print)

Address: _____

City: _____ State _____ Zip: _____

Email: _____ M F

Age on 3/15/08 : _____ Phone: _____ Shirt: S M L XL

Signature: _____ Participant _____
Parent/Guardian (if under 18) _____

HOTLINE

856-428-1666

dave@runningco.com

fj@runningco.com

**Please make checks
payable and mail to:**

Haddonfield Running Company
144 Kings Highway East
Haddonfield, NJ 08033

Knowing that running is a physically demanding endeavor, I, in consideration of this entry being accepted, hereby, for myself, my heirs, and executors, waive and release any and all civil rights I may have against the organizers, sponsors, or benefactors holding this event for any and all injuries suffered by me at said race.

THE RACE

USATF Certified 5K Course

The Haddonfield Adrenaline 5K USATF Grand Prix Circuit Race MidAtlantic 5k Championship

Saturday, March 15, 2008

Registration - 7 A.M.

5K Race - 9 A.M.

Kid's Race - 9:45 @ Track

Awards to Follow

RACE DAY LOCATION

Haddonfield High School
401 Kingsway Highway East
Haddonfield, NJ
08033

TEAM CHALLENGES

*Team scoring based on time of runners,
not place.*

****No Day of Race Team Registration****

3 to a team to score, with no maximum.
Awards to top 2 teams in each of the
following categories:

- *Club Team*
(Male and Female)
- *High School Club Team*
(Male and Female)
- *Family Team*
- *Corporate Team*

AWARDS

Finisher's medals to all kid's race participants

Top 5 overall Male and Female Runners

1st - \$400

2nd - \$200

3rd - \$100

4th - \$50

5th - \$25

Top 3 overall Masters Male and Female Runners

1st - \$100

2nd - \$50

3rd - \$25

Awards will be given to the top 3 male and
females in each of the following age groups:

<i>Under 14</i>	<i>30-34</i>	<i>50-54</i>
<i>15-19</i>	<i>35-39</i>	<i>55-59</i>
<i>20-24</i>	<i>40-44</i>	<i>60-64</i>
<i>25-29</i>	<i>45-49</i>	<i>65-69</i>
		<i>70+</i>

Awards will be presented to the first male and
female finishers in the following:

- *Haddonfield Resident*
- *Police / Fire / EMS*
- *Clydesdale/Athena*

Team Challenge Awards

Awards for the top 2 teams in each category

Various Door Prizes to be given out

**Awards will be presented following
the race. No Duplicate Awards
will be given.**

Results and Timing by L & M Sports

www.lmsports.com

5K REGISTRATION

- \$22 Pre-Race Registration
(before March 9, 2008)
 - *By Mail*
 - *In Person*
Haddonfield Running Co.
SJ Running & Triathlon Co.
Moorestown Running Co.
- www.active.com
- \$30 after March 9, 2008
 - Only in person @ 3 store locations

KID'S 1/4 MILE & 100M RACE

- \$10 Registration anytime
- Register by same methods as 5K

Packet Pick-up

- March 12-14 from 10am - 7pm @
Haddonfield Running Company
144 Kings Highway East
Haddonfield, NJ 08033
 - Race Day packet pick-up @
Haddonfield High School starting at 7am
- No Packet Pickup until March 12***

DIRECTIONS

From Phila.

From the Ben Franklin Bridge, take route 30 E.
Follow signs for "Cherry Hill." After ramp, take
Route 70 East about 3 miles to route 41 exit to
Haddonfield, continue straight. After the second
traffic light, Park Ave., Haddonfield High School is
on your right. Follow signs for parking.

From 295

Take Exit 32 - Haddonfield/Gibbsboro. At end of
exit ramp turn onto Route 561 West
(Haddonfield/Berlin Road) towards Haddonfield.
Travel straight on Route 561 for about 3 to 4 miles,
make a right onto Kings highway, Haddonfield High
School is on your left. Follow signs for parking.