

HERE'S HOW YOU CAN PARTICIPATE

Register to Walk:

Use the Walk/5K Run registration form in this brochure and send it to psmrf C/O Neil Spiegler, 410 Gatewood RD, Cherry Hill, NJ 08003 with your pre-registration fee. Or, to register online, go to www.psmrf.org, click on "SIGN UP FOR THE 2011 WALK/RUN", and click on "Raise Money". To register by mail, click on "Events" tab on top bar, click on "Register By Mail" link (under the map), print PDF form, complete and mail to above address.

Form A Walk Team:

Recruit five or more friends, family members, or business associates to form a named Walk Team. Your team can be named in memory or in honor of someone, or in the name of a family or business. You can register your team by going to www.psmrf.org. Follow "Register to Walk" instructions (as above) and click on "Form a Team". Make sure you list all the members of your team. We ask that each team member register individually (\$25 pre-registration fee, \$30 walk-up registration fee), and that the team set a minimum fundraising goal.

For more information on forming a team, please contact us at info@psmrf.org.

Donate to Peggy's Walk:

If you cannot join us on June 25 and want to support Peggy's Walk, you can send a donation using the attached form or go to www.psmrf.org and donate online.

Check out the foundation website
www.psmrf.org

for info on upcoming events.

THANK YOU TO OUR SPONSORS

There is an urgent need to improve the diagnosis and treatment of melanoma. That's why your participation in our walk is so important. Please join our ever expanding list of sponsors.

Cooper Cancer Institute
University of Pennsylvania Hospital
1st Colonial National Bank
Lexus of Cherry Hill
The Spivak Financial Group
Medical Billing Group LLC
DG Technical Sales
Secured Document Destruction
Faktorow, Barnett, & Brunna, CPA

Please visit us on the web at

www.psmrf.org

and join our group on Facebook.



Sponsorship opportunities are still available for the "Talk While You Walk/5K Run for Peggy Spiegler." Contact Neil Spiegler at 856-795-7840 for more information.

THE THIRD ANNUAL "TALK WHILE YOU WALK/5K RUN FOR PEGGY SPIEGLER"

FOR THE BENEFIT OF MELANOMA
RESEARCH



PEGGY SPIEGLER
MELANOMA
RESEARCH FOUNDATION

June 25, 2011

**COOPER RIVER PARK
PENNSAUKEN, NEW JERSEY
(Rain or Shine)**

Registration starts at 8:00 a.m.

Walk/Run starts at 9:15 a.m.

Kids Fun Run at conclusion of walk.

The Peggy Spiegler Foundation funds research into the nature, causes, prevention, treatment, and cure of melanoma. Its public programs spotlight the latest in medicine and research in order to disseminate educational information about the prevention of melanoma and other skin cancers.

Peggy Spiegler

To know her was to love her, admire her, and respect her. Peggy Spiegler was a loving daughter, a devoted mother, a wonderful grandmother, and a special wife. A talented, unselfish teacher, Peggy shared her enthusiasm for learning and generosity of spirit with hundreds of elementary school students and treasured colleagues. Her family and friends were also fortunate enough to be recipients of Peggy's unabashed affection and sense of humor. Sadly, in July, 2008, Peggy lost a lengthy and courageous battle with melanoma. Her family and friends, long-acquainted with Peggy's kindness, strength, and intrinsic humanity continue to honor her memory and the special legacy she left to all of us. "It never hurts to be nice," Peggy would advise, and so to continue Peg's good-will philosophy, we have organized "Talk While You Walk" for Peggy Spiegler. Please "be nice." Help us raise money to stamp out melanoma so that others' lives will not be cut short before they are able to fulfill their dreams. Truly, Peggy touched the lives of many people, and in our hearts, we still feel her tender touch.



IT'S A FACT!

- Skin cancer is the most common form of cancer.
- Melanoma is the most deadly form of skin cancer.
- Every hour one person dies of melanoma.
- Melanoma is the second most common cancer in people ages 15-29.
- Melanoma can affect anyone, regardless of age, sex, or race.
- Today 1 in 60 people will develop melanoma.

Information at a Glance

- Walk through beautiful Cooper River Park.
- Free parking is available.
- Registration starts at 8:00 a.m.
Walk starts at 9:15 a.m.
- \$25 pre-registration fee per adult participant; fee for children 12 – 18 is \$10
- \$30 walk-up registration fee per adult participant.
- Children under 12 are our guests.
- Water and fruit available.
- We encourage you to form a team and set a minimum fund raising goal.
- Each participant will receive a special T-shirt if registered by May 31.
- Optional 1 mile course for walkers.
- Kids Fun Run immediately after walk.

***KIDS FUN RUN at conclusion of walk.
Additional kids' activities: face painting, balloon artist, and more.***

Additional Information for Runners

- 5K (3.1 mile) USATF certified course
- Run starts at 9.15 a.m.
- Timing and results to be handled by L & M Computer Sports and Event Productions Inc. www.LMSPORTS.COM
- Awards to top 2 male and female finishers in the following age categories: 14 and under, 15 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, and 60 and over.

REGISTRATION FORM

Please fill out 1 form per participant (kids too)

"Talk While You Walk/5K Run for Peggy Spiegler"

(Please print carefully.)

Walker Runner

Age on day of event (June 25, 2011) _____

Name _____

Address _____

City _____ State _____ Zip code _____

Phone # _____

E-mail _____

Male Female

Team name (if applicable) _____

Enclosed registration adult fee \$25.00 _____ Donation \$ _____

Child's registration fee \$10.00 _____

Make checks payable to (PSMRF)

Peggy Spiegler Melanoma Research Foundation

T-shirt size (circle one)

Kids: M, L Adults: S, M, L, XL

Or go to www.psmrf.org

My employer has a matching gift program, and I am including the proper form with my registration.

WAIVER

I hereby acknowledge that I am physically able to participate in the "Talk While You Walk/5K Run for Peggy Spiegler" on June 25, 2011, waive any and all claims arising out of this event which I might assert against PSMRF directors, and volunteers.

Signature _____ Date _____

For walkers under 18 years of age: _____
Parent or Guardian

Mail this completed form and check to:
Peggy Spiegler Melanoma Research Foundation
c/o Neil Spiegler
410 Gatewood Road, Cherry Hill NJ 08003